

Disaster Preparedness Map

This tool can help you identify possible resources in preparation for an earthquake or other type of emergency.

This map is not a guarantee of services - in a major disaster, traditional emergency services, like hospitals and fire houses will likely be overloaded. Be prepared to take care of yourself and your family for at least several days following a major disaster.

Use this map to locate...

- a. ... specially marked drinking water hydrants near your home, work or school.
☆NOTE: It might take several days before water is available at these hydrants, so make sure you store at least one gallon of water, per household member, for at least 3 days.
- b. ... potential shelter sites at schools, recreation centers and places of worship.
☆NOTE: After a disaster, listen for emergency broadcasts to find out which facility nearest you has been opened as a shelter.
- c. ...an open space near your home where you and your household will meet after a disaster
☆NOTE: Develop your family's emergency plan before a disaster strikes.

Your Family Emergency Plan:

1. Identify where you will reunite with your family after a disaster. Select two sites:
 - a) Near your home (for example, across the street) in case you have to evacuate immediately, such as in a fire.

 - b) Out of your neighborhood (preferably an open space, like a park) in case you are unable to return to your home.

2. Identify an out-of-state contact. If you and your loved ones are separated during a disaster, each person should call this designated contact person to report his/her location and condition.

Designated Out-of-State Contact Person:

Phone# (Day) _____ (Night): _____

Drop Cover and Hold On

Drop!

Immediately DROP to the ground before the earthquake drops you!

Cover!

Take COVER by getting under a sturdy desk or table.

Hold On!

The floor or the ground could jerk strongly in all directions. **HOLD ON** to something sturdy and stay where you are until the shaking stops.

Before an emergency:
DID YOU KNOW...?

- It's a good idea to keep sturdy shoes and a flashlight in a plastic bag tied to your bedpost in case an earthquake occurs while you are sleeping.
- You should keep a whistle on your keychain – if you are trapped after an earthquake, you can blow the whistle to call for help.
- If you have special needs, set up a personal network as a backup for the resources you depend on. Find out what their emergency plans are and share yours. Visit **PrepareNow.org** for more information.
- Pillowcases can be used as carriers for cats or other small animals. Visit **72hours.org** for more information on pet preparedness.
- You should read the instructions on your fire extinguisher before you actually need to use it.
- How much water should I store for my household for three days?
(1) Number of People: 1, 2, 3, 4
(2) One gallon per person, per day: 3, 6, 9, 12

During an emergency:
DID YOU KNOW...?

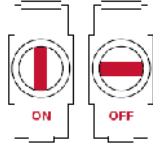
- The safest response to an earthquake is to Drop, Cover and Hold on. This is safer than standing in the doorway – doorways may not be stronger than the rest of the building and do little to protect you from falling debris.
- If you hear the City's Outdoor Warning System and it is not Tuesday at Noon, go indoors and check a news source for important emergency information.

After an emergency:
DID YOU KNOW...?

- After an emergency, update the outgoing message on your answering machine or voicemail to let people know your status.
- Text messaging may be a more reliable form of communication than cell phones. Make sure you know how to use this feature.
- If you've run out of water, there may be other sources of water in your home such as ice cubes in your freezer, your water heater or your toilet tank. (Toilet tank water should be used for hygiene or treated first - see How Do I section.)
- Trained NERT volunteers from your neighborhood may set up response teams to help their neighbors and assess damage. They can be identified by orange vests and yellow hard hats. Visit **sfgov.org/sfnert** for more information.

HOW DO I...?

- 1) How and when do I turn off my gas?
 - There are three ways to tell if you have a gas leak: if you smell gas, hear a hissing sound and/or see the dials on your gas meter spinning rapidly.
 - If you suspect you have a leak, never use candles or matches and do not turn on electrical switches or appliances. To turn gas off, give the valve a quarter turn in either direction. When the lever crosses the direction of the pipe, the gas is off. Don't try to turn it back on yourself.



- 2) How do I treat water so it's safe to drink?
 - Boil – Bring to a rolling boil and maintain for 5 minutes. After the water cools, pour it back and forth between two clean containers to add oxygen back, which will improve its taste.

OR

 - Disinfect – If the water is clear, add 8 drops (1/8 teaspoon) of bleach per gallon of water. If it is cloudy, add 16 drops (1/4 teaspoon) per gallon. Use only regular, unscented bleach— 5.25% percent sodium hypochlorite. Shake or stir, then let stand 30 minutes. A slight chlorine taste and smell is normal.
- 3) How do I deal with my toilet not working after a disaster?
 - Line your toilet bowl with doubled plastic garbage bags to collect human waste. Add a small amount of bleach, then seal the bag and place in a tightly covered container, away from people. Wait for disposal instructions.
 - If the toilet is unusable, use a sturdy bucket with a tight fitting lid, lined with doubled plastic garbage bags.
- 4) How do I get emergency information?
 - Listen to the radio, such as KCBS 740 am, for Emergency Alert Broadcasts.
 - Sign up at AlertSF.org to receive text-based messages to your cell phone, email and/or pager.

Resources for more information:

- **72hours.org**: Personal preparedness information including how to respond to different types of disasters, make a family emergency plan, build a disaster supply kit and get involved.
- **QuakeQuizSF.org**: Test your knowledge about how to respond to an earthquake with this interactive online quiz.
- **Neighborhood Emergency Response Team (NERT)**: NERT is a free training program for individuals, neighborhood groups, community-based organizations and businesses. Training includes hands-on response skills, so that individuals can respond to a personal emergency as well as act as

members of a neighborhood response team. In a disaster, teams made up of volunteers from the neighborhood will gather to assess damage and injuries and report this information to the San Francisco Fire Department. Visit sfgov.org/sfnert or call 415-970-2022 for more information.

- **American Red Cross Bay Area:** Provides preparedness, first aid and CPR classes. Visit redcrossbayarea.org or call 415-427-8077 for more information.
 - **PrepareNow.org:** Website designed to provide information on disaster preparedness for people with special needs, such as seniors and people with disabilities.
 - **SF CARD:** Training and emergency planning for non-profits and faith-based organizations. Visit sfcard.org or call 415-955-8946 for more information.
 - **The Big Rumble:** The Big Rumble is a website designed to provide Bay Area residents with event information, tools and links to resources for earthquake preparedness. Visit us at www.thebigrumble.org.
- Follow us on Twitter at [Twitter.com/sf_emergency](https://twitter.com/sf_emergency)
 - Become a fan of our Facebook page at [Facebook.com/SFDEM](https://facebook.com/SFDEM).

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